



10 Years of Impact: A Thank You

2015-
2025

Ten years ago, I believed we could do something big. Something bold.

Over time, you believed too.

We believed this community deserved more — more access to the outdoors, more ways to connect, move, and celebrate what makes Valdese special. And through it all, we kept going.

Together, we've created a brand-new park, brought in millions through donations and grants, revitalized existing parks, offered free programming for all ages, and given thousands of volunteer hours — all powered by volunteers, no staff, just heart.

But this has always been about more than parks and trails. You understand what these spaces mean — for our economy, our health, and our sense of belonging. That kind of belief builds a stronger, smarter, more vibrant community.

You've been there every step of the way — cheering us on, rolling up your sleeves, building trails, writing checks, and showing up again and again.

Cheers to 10 Years!



Thanks from the bottom of my heart,

Beth G. Heile

Beth Heile

Founder, Friends of the Valdese Rec

**We believed.
We did something amazing — together.**



FVR 2015-2025 By the Numbers



10,458

Total Volunteer Hours

Programming - 2,455

Workdays - 8,003



FVR Major Accomplishments



VLP/Greenway

Land Purchase, parking, restroom, 2-mile Greenway, 11 miles other trail, signage & markers, kayak launch-fishing pier, dog park, story book trail, picnic tables, benches, suspension bridge, workdays, trail building, paint the pipe, cove cleaning, grass cutting, Hoyle Creek Sidepath project, Interactive Map

Children's Park

Mural, building and feature painting, mulch, sign fix, general workdays, pressure washing, assisted with additional land acquisition, Grand Reopening Celebration, Mural Dedication and Celebration

McGalliard Falls Park - Fletcher Field

Workdays, steps and railing, plantings, girl scout Everybirdy Welcome project, boy scout scorer's tables, 40th Anniversary Celebration, Free Family Fun at the Falls

Building/Pool/Rotary Park/Splash Pad

Plantings, funds for: lane lines, gym reno, building survey for grant, workdays, trees purchased around splash pad

Programming

Lunch and Learn, Wildlife Cameras, Annual Trail Runs, 365 Challenge, Conservation Kids, Teen Trail Blazers Club, Memory Cafe, Community lunches, Free Bowling and Tennis Days, VLP Visitation and Economic Impact Report, Rec Sports Scholarships, Letters of support, Advocacy, Specific events: Geocache, Pickleball Demo, and many others



\$2M Community Donations

made the above happen



Valdese Lakeside Park



Amenity Progress by Year:

- **2018:** Closed on Land Purchase
- **2021:** Restrooms, parking, overlook, 1-mile greenway, Meditation Point Trail
- **2022:** 1.5 miles of new trail, dog park and obstacles, 150-foot swinging bridge
- **2023:** 1-mile greenway connecting to McGalliard Falls Park, Lakeside Loop Trail, kayak launch and fishing pier
- **2024:** 4.6-mile Hollipop Trail optimized for mountain bikes
- **2025:** Pavilion and Open Green, 0.8-mile trail (Outer Loop Reroute)

What's next? A new sidepath along Lake Rhodhiss Drive to give walkers and cyclists a safe route separated from traffic. Engineering is underway now.

Our last printed annual report was in July 2023. The following pages are highlights of what we have accomplished together since then.

Since July 2023....





Kayak Launch - Fishing Pier

In September 2023, a long-awaited fishing pier and kayak launch officially opened at Valdese Lakeside Park, expanding public access to Lake Rhodhiss and the Upper Catawba River. Designed and constructed by the North Carolina Wildlife Resources Commission, the \$200,000 ADA-accessible pier was funded through a combination of an NC Parks and Recreation Trust Fund (PARTF) grant, NCWRC support, and community donations. This new amenity strengthens Valdese’s growing network of outdoor recreation assets and is seamlessly connected to the Valdese Greenway, Burke River Trail, and Wilderness Gateway State Trail—making it accessible for anglers, paddlers, and visitors of all abilities.

Friends of the Valdese Rec celebrated the opening with a community-wide ribbon cutting that reflected the spirit behind the project. More than 150 residents attended, joined by local leaders and partners who highlighted the importance of parks to quality of life, economic vitality, and conservation. From youth fishing demonstrations and free kayaking to hands-on children’s activities and outdoor education, the event showcased how recreation brings people together. As FVR President and Founder Beth Heile noted, this project represents years of persistence and partnership—made possible by strong state support, local leadership, and a community that stepped up with more than 220 donors and over 3,500 volunteer hours (by Sept 2023 at VLP).





Hollipop Mountain Bike Trail

In June 2024, a long-planned Mountain Bike Optimized Trail officially opened at Valdese Lakeside Park, fulfilling a vision that dates back to the park's original master planning efforts. From a 2018 master plan to a detailed design process completed in 2023, Friends of the Valdese Rec led the effort to bring purpose-built mountain biking to the park. The result is more than four miles of professionally designed trail that balances fun, safety, and conservation—expanding recreation opportunities for both bikers and hikers while adding another high-quality amenity to Valdese Lakeside Park.

The trail's completion was made possible through an innovative hybrid build model that combined state funding, professional contractors, and extraordinary volunteer effort. Over four months, 73 volunteers contributed 1,120 hours across 63 workdays, working alongside Long Cane Trails to clear corridors, prepare tread, address drainage, and finish the route. A directed \$83,000 state grant helped fund trail design, bridges, features, signage, and tools, while volunteers carried much of the physical workload under tight timelines. Now known as the Hollipop Trail—named for its lollipop-shaped layout and holly-lined corridor—this 4.6-mile trail stands as the largest and most demanding trail project undertaken by FVR's Trailblazer volunteers, and a powerful example of what community-driven recreation can achieve.





Pavilion and Open Green

In April 2025, Friends of the Valdese Rec celebrated the opening of the Pavilion at Valdese Lakeside Park—an anchor amenity designed to serve as the park’s “family room” for generations to come. Fully designed, funded, and managed by FVR, the \$400,000 project includes design, engineering, permitting, grading, construction, electrical service, picnic tables, and amphitheater seating. Funding was made possible through a combination of community donations, local grants, and state grants—demonstrating broad public support for shared community space.

Thoughtfully designed for flexibility, the Pavilion provides a central gathering place for classes, community meals, awards, exercise, performances, and informal meetups, while offering shelter from sun and rain in a natural, lake-view setting. Picnic tables can be arranged for large events or removed to create a stage-forward space for educators, musicians, or local theater. Designed by Valdese-based (at the time) David Harmon Architecture and construction oversight by Table Rock Custom Builders, the project also benefited from in-kind contributions, including fiber internet installation by Foothills Broadband and extra stonework by Jeff McGee Stone Mason. As the heart of the park, the Pavilion expands opportunities for programming and partnerships—strengthening Valdese Lakeside Park as a place to gather, learn, and connect.



Pavilion & Open Green Donors



Glass Foundation – \$80,000

NC State Grant – \$66,000

Jim and Linda Rostan – \$51,000

Cannon Foundation – \$40,000

Dianne Searcy – \$10,000

Mull Foundation \$4000

Christa & Tommy Miller \$3000

Family of Glenn & Patricia Zimmerman \$3000

Huffman-Cornwell Foundation \$2,672

Marc & Marie Mitchell \$2000

Chip & Tammy Black \$2000

\$1000 Donors

Spence and Jayne Borden

Mears Insurance Group

Julie Zimmerman & Derrick Killian

Roy & Phyllis Sweezy

Debbie Montanez & Sam Fitzwater

Mark and Lisa Singleton

Lloyd and Helen Wallace

Mo & Cheryl McCarthy

Tina & Kevin Farris

Amy Brooks, DDS, MD, PHD

Corning Foundation

Pilot Club of Valdese

Beth, Eric & Zakk Heile

Alan & Lu Griffin

Farris Insurance

Tom & Sheree Troy

Jim & Janice Gravely

Chris & Susan Blake

John & Linda Betancourt

College Pines

James Sweezy

Mark Buff

Dr. Shawn Hamm

In honor of all Valdese Lakeside Park Volunteers

by Johnny & Jane Poteat

In Honor of Thompson Family & Heather Smith Brown

by Denise and Fred Smith

In Honor of Debbie Thompson & David Cobb Thompson

by Denise and Fred Smith

In Memory of Leonard & Colene Thompson

by Denise and Fred Smith

In Memory of Sally Gaillard

by "Sisters" Denise & Jan



FVR 10 Year Celebration

In April 2025, Friends of the Valdese Rec marked its 10-year anniversary with a community celebration at Valdese Lakeside Park that also served as the dedication of the new Pavilion and open green. What began in 2015 as a bold idea—to secure land on Lake Rhodhiss and create a public park—has grown into a decade of tangible accomplishments including a new park, trail systems, park amenities, educational programming, and thousands of volunteer work hours. The Pavilion dedication symbolized not just the completion of a project, but the collective effort of a community that believed in the vision from the beginning.



The anniversary celebration brought residents together for an afternoon of music, food, fellowship, and gratitude—thanking the donors, volunteers, partners, and supporters who made the past ten years possible. Hosted in partnership with the Valdese Recreation Department, the event reflected what FVR has always stood for: creating welcoming public spaces, building community through recreation, and turning shared vision into lasting impact.



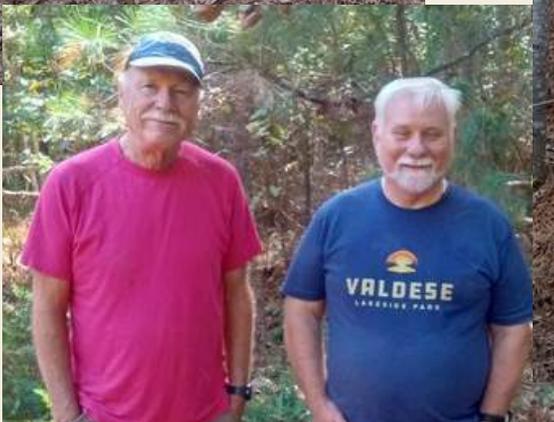
FVR 10 Year Celebration





Outer Loop Extension

November 2025, Friends of the Valdese Rec celebrated the opening of a new section of trail at Valdese Lakeside Park with a ribbon cutting that brought together supporters, donors, and volunteers. The moment was made especially meaningful by the attendance of former Valdese Mayor John "Chip" Black, who had offered early encouragement in 2015 when FVR's vision for a public lakeside park was still just an idea. His presence underscored how far the park has come—and how long community leaders and volunteers have believed in the power of outdoor recreation to shape Valdese's future. As part of the Valdese Lakeside Park Master Plan, FVR volunteers completed the 0.8-mile Red Outer Loop Trail addition in just five weeks, relocating the route off unsustainable logging roads, improving safety where it overlaps with the Hollipop Mountain Bike Trail, and extending the trail to the park's property boundary. The project engaged 60 volunteers who contributed 376 hours, blending donor-funded equipment with hands-on volunteer labor. The pace and scale of the work marked a major milestone for FVR's trail program—especially when compared to the organization's first trail effort, which took five months to complete just a tenth of a mile—demonstrating how experience, partnerships, and commitment have grown over FVR's first decade.





Great Trails State Day

Since becoming an official North Carolina state holiday, Great Trails State Day has grown into a signature annual celebration at VLP - with coffee, donuts, hotdogs and pizza as enticements throughout the day . In 2025, the community came together for the third consecutive year to hike, bike, kayak, run, and walk an impressive 2,086 collective miles from sunrise to sunset—exceeding the year’s 2,025-mile goal and continuing a steady upward trend from 1,526 miles in 2023 (goal 1500) and 2,056 miles in 2024 (goal 2000). Hosted in partnership with the Burke River Trail Association and the Valdese Parks & Recreation Department, the all-day event welcomes families, youth groups, hiking groups, and individuals.





Tales on the Trails

In October, 2025, Friends of the Valdese Rec launched the first-ever Twilight Tales on the Trail, welcoming more than 200 guests to Valdese Lakeside Park for an evening of legends, lore, and storytelling under the autumn sky. Hosted in partnership with the Burke River Trail Association, the Town of Valdese Parks & Recreation Department, Old Colony Players, and the Old Colony Players' Guild, the free, volunteer-powered event began at the Pavilion on the Green before guests set out along a lantern-lit greenway to experience classic tales and local legends brought to life at trail-side stations. Designed as a "not-too-scary" alternative to traditional haunted events, Twilight Tales on the Trail blended theater, history, and outdoor recreation—creating an immersive community experience that drew families, adults, and visitors together and showcased Valdese Lakeside Park as a place where creativity and connection thrive.





Eric Heile Sam Fitzwater Johnny Poteat Volunteers of the Decade

Volunteers of the Decade doesn't begin to cover it. Eric, Johnny, and Sam—often spotted rolling in with their small red pickup trucks—have shown up time and again to do whatever the park needed that day: building trail, clearing trees, cutting grass, hauling brush, spreading mulch, installing benches, and stepping in for events without hesitation. Their quiet reliability, hands-on grit, and “just get it done” attitude embody the spirit of Friends of the Valdese Rec and set the standard for what community stewardship truly looks like.





Helene Cleanup

In the days following Hurricane Helene in October 2024, Friends of the Valdese Rec volunteers stepped up to ensure Valdese Lakeside Park remained open as a place of refuge and recovery for the community. Over six days, 20 volunteers contributed 167 hours of labor to safely remove 83 fallen trees, using their own chainsaws and fuel to clear trails and restore access. Their swift response kept the park accessible for physical health, mental well-being, and essential outdoor activities, and this extraordinary effort was recognized with an award from Discover Burke for helping keep "Nature's Playground" open during a critical time.





LAKE RHODHISS DR NE SIDEPATH
ILLUSTRATIVE MASTER PLAN

DESTINATION BY DESIGN
0 200 400 ft N

Lake Rhodhiss Dr Sidepath

Town of Valdese Parks and Recreation, Foothills Conservancy of NC, Burke River Trail Association, Friends of the Valdese Rec and McGill Associates are working together to create a safer, more beautiful community connection! Town of Valdese received state funding for the Hoyle Creek Restoration and a Sidepath between the creek and Lake Rhodhiss Drive with assistance from Rep Blackwell. Engineering is underway to determine the placement of the sidepath, the best connection to Wildcat Way and possible overflow parking for Valdese Lakeside Park.



By working hand-in-hand, each organization brings a unique strength to the table — from urban planning to environmental stewardship — to restore creeks and establish a pedestrian-friendly path that will enhance our town’s beauty and safety. Together, we’re paving the way for a vibrant and connected future! (though this will be natural surface not paved)

Pic: RJ Mozeley with McGill, David Andersen with Parks and Rec, Beth Heile with BRTA and FVR, Shane Prisby with FCNC



WILDCAT WAY

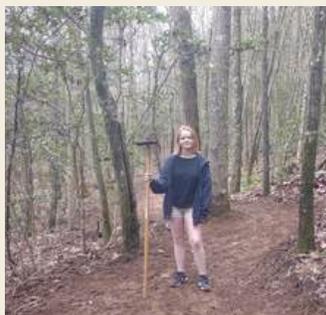


Dr. Karen Auton
BCPS Deputy Superintendent



Gary Ogle
Valdese Mayor Pro Tem

In August, 2024, Town of Valdese, Burke County Public Schools, Friends of the Valdese Rec and Burke River Trail Association cut the ribbon for a new 0.6 mile section of trail open to the public along Hoyle Creek and a cove of the Catawba River. The trail was built by volunteers from each nonprofit and students. The planned route of Burke River Trail will extend east into the new Valdese Bluffs neighborhood and then on to Rutherford College.





TRAIL RUNS

January 1, 2019 was the first year we hosted Trail Runs at VLP with a 5K and 10K that started at DHS. Since then, the races start and finish within VLP. We moved to an October race the last two years we have added a 10 mile route. Our goal has always been to showcase VLP and help trail runners prep for longer runs. Thanks to Mark and Ray for all their work on these events. Stay tuned for what will happen this October!

NEW SIGNS

21 new trails signs are going up at VLP due to the addition of new trail, trail reroutes and seeing where hikers and hikers need more help. Beth and Zakk Heile do the sign design work (with Eric's map) and FVR donor funds pay for the manufacturing of the signs.

New signs have also been ordered for the entrance kiosk with a new map and updated donor list

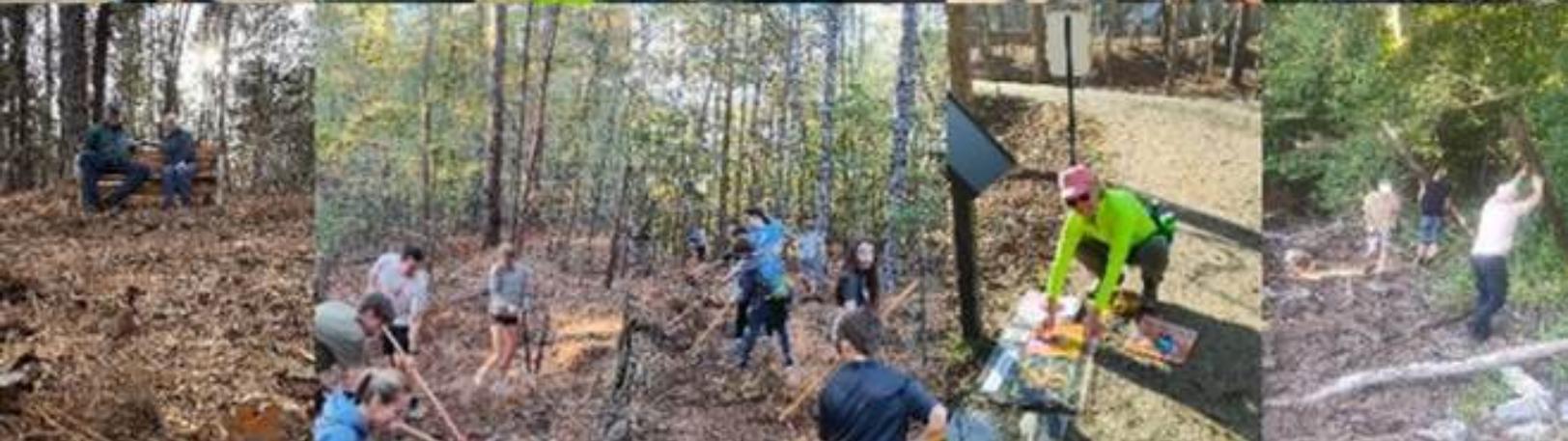


EAGLE PROJECT

The Eagle Way Elevated Skinny along the Hollipop Trail was an Eagle Scout project by Marshall Brinkley, who designed, fundraised, and built the feature. Friends of the Valdese Rec served as project sponsor, with support from Marshall's teachers, troop members, and fellow students who contributed 72 volunteer hours to complete the \$500 project.



Volunteers





Membership dues pay boring stuff like insurance, PO box rental, filing fees and stamps. But, they are critical to help keep FVR running so we can fulfill our mission.

(DATE - WHEN ANNUAL RENEWAL DUE)

Lifetime (\$500 - one time payment)

Mo McCarthy, Cheryl McCarthy, David Mursh & Amy Voss, Mark Buff, Keith & Karen Pittman, Alan & Lu Griffin, Paul & Alicia Mears, Jane & Johnny Poteat, Marc & Marie Mitchell, Jim & Linda Rostan, Sam & Barbara Erwin, Roy & Phyllis Sweezy, Patricia Jacumin Zimmerman

Annual Family (\$25)

Carl & Judy Abernathy (Aug 2025), Karla Aldridge (March 2026), Dave & Page Andersen (Dec 2027), Roy & Sarah Ashkenaz (Jan 2027), Spence & Jayne Borden (Jan 2027), Benjamin and Meghan Ealy (Feb 2026), Eugene & Nancy Edwards (Oct 2026), Jeff & Ingrid Farrar (Dec 2026), David, Katherine & James Fletcher (October 2025), Paul & Rose Girdany (Dec 2026), The Heile Family (Oct 2026), Steve & Sigrid Hice (Sept 2025), Matthew and Kathy Hurley (Aug 2025), Lois and Allen Julian (Oct 26), Jann Reece-LaFevers & Carter LeFevers (Jun 2026), Lori & Dave Martin (Jan 2027), Debbie M & Sam (Aug 2026), Lisa & Scott Miller (Feb 2027), Wes Presnell (Oct 2025), Ken Riddick (Aug 2025), Mark and Leslie Rostan (Oct 2025), Valerie and Clinton Scott (Jan 2027), Jackie & Gavin Smith (Jan 2027), Katharine & Stewart Wright (Oct 2026), Barry and Melinda Zimmerman (Sept 2027), Gail Zorn (Dec 2026)

Annual Individual (\$10)

Gloria Barrett (Sept 2029), Wanda Barrett (Dec 2026), Don Brittain (Mar 2026), Dianne Buff (April 2028), Laura Christie (July 2026), Don Clements (Sept 2025), Kevin Farris (Jan 2026), Linda Gibbs (Jan 2025), Darrell Goforth (March 26), Frances Hildebran (Dec 2026), Luke Hildebran (Dec 2026), Linda Kidd (March 2026), Lily Kidd (March 2026), Quez Little (Mar 2026), Rexanna Lowman (Dec 2027), Jodie Sicoli (Nov 2026), Nancy Sullivent (Jan 2025), Marti Sundell (Dec 2025), Debbie Thompson (July 2026)

FVR Board Members

Beth Heile, Spence Borden, Don Brittain, Gavin Smith, Quez Little, Val Scott, Kevin Farris, Roy Sweezy, Zakk Heile, Roy Ashkenaz

will be installed soon
Updated Valdese Lakeside Park Panel

PARK DONORS

LEGACY \$600,000

Rostan Family Foundation

PIONEER \$100,000

Kellex Seating

CHAMPION \$50,000

The Harris Family
Jim and Linda Rostan
UNC Health Blue Ridge

MOUNTAINEER \$30,000

Chip & Tammy Black

TRAILBLAZER \$10,000

Family of Glenn & Patricia Zimmerman
BHC - Charles Burger & Lloyd Wallace
Diannie Searcy
Rotary Club of Valdese

ADVENTURER \$5,000

Ferris Insurance Agency
Tommy & Christa Miller
Fans of the Park
Eric, Beth & Zakk Heile

Jacob Boland
Bimbo Bakeries USA
Marco & Marie Mitchell

EXPLORER \$1,000

James Sweazy
Paul Means - Nationwide
Doug & Karen Knight
Woody & Bobbi Poor
Julie Zimmerman & Derrick Kellan
Chyla & Susan Slake
Helen & Lloyd Wallace
College Pines Health & Rehabilitation
Valdese Weavers
Foothills Conservancy of NC
Ferris Group
Seft
Zimmerman Realty
Johnny & Jana Poteat
Dan & Jennifer Boggs
Mark Buff
Tom Waltrichs, Animal Hospital of East
Burke
Pilot Club of Valdese
Dr Amy Brooks
Kevin & Tina Ferris
Bentley Limesz & Evija Kleshnik
Susan Stolochenko
In memory of Bruce Bingham
Alicia Burns
Alan & Lu Griffin
Joy Harding & Debbie Tozzo
John & Linda Betancourt

Barry, Melinda, Tyler & Brad Zimmerman
Mo & Cheryl McCarthy
Cleck Family
Karen & Carlton Caruso
Bark Side Pet Grooming - Merle James
Gary & Phyllis Delp
Mr. It's Fun Food
Nick & Michelle Reed
Linda & Glenn Harvey
Elaine Applegate
Barry & Diane Crawford
Roger Heavner
Eric & Erica Woodridge
Piedmont Corrugated Specialty Company
First Citizens
Michael & Hazel Shell
Michael W. Shell CPA, PC
In honor of Thompson Family & Friends
Karen & Keith Pittman
Jerry and Valeria Bungamer
Shenendoah Furniture
Jonas and Laura Johnson
Jeanette & Ray Norman
Francois Hildebran
Shari & Michael Watts
Mayor Ray C. Fletcher
John Petty

MOVER \$100

Loy Ray & Doris Burris
John & Tonye Setzler
Jon Hunter
Mike Darling
Rhea Simmons
Richard & Phyllis Byers
The Stillchery
Cranford Furniture
Tim Barnaback
Graham, Toby & Whit Borden
Margery Diamond & Alex Leonavichus
In memory of T.J. & Billie Curtis
Debbie Thompson
Ann & Hugh Blackwell
Marguerite & Edward Mool Dr.
100 Main
Nell & Yates Palmer
Valerie Scott
Timothy Ferris
Carl & Judy Abernathy
Resanna Loewen
Xcell Aquatics
Wayne & Lola Fletcher
Macaroni Kid Hickory/Western Piedmont
Jim & Paula Reynolds
Bruce & Susan, Bingham Storage
Bruce & Susan Bingham, S & B Graphics
Linda & Sem Wilkison
Homer Osiba
Pat Vaughn
Bryan Beam
Quest Little
Charlea, Daleyna, Graham & Griffin Martin
Debbie Shuman
Edward Mool
Hugh & Mildred Fletcher
Gloria Barnett
Edward Jacomin
ABC Therapy Solutions PLLC
Nancy & Gene Tucker
Sue & Gary Mast
Steve & Ann Mullis
Richard & Elaine Whisenant
Addison Poteat and Ava Alexander-Clark
In memory of Leonard & Colene
Thompson
In memory of "Chico" Perez
Nancy Byrd
Mary & Rob Murray
Shawn & Kristen Keller

Seth Eckard & Shelley Stevens
Barbara & Richard Little
Richard Ericson
Jimmy R. Jacomin
Willard Church
Toni Reese
Emma Draughn
Sonn & Sandy Dyer
C Shane Cook & Associates Real Estate
In honor of James W Sweazy
Page & Virginia Andersen
Pat Turner Mitchell
Ronnie Thompson
Animal House Veterinary Hospital
E.J. & Anne Kennedy
Bob & Donna Benner
Rick & Pam Pons
Jaslos Lal
Susan Seacrest
Erin Schotte
Cox Family Medicine
Eddie Zimmerman
Takara R Smith
Steve & Laura Martinat
Greg Little
In memory of Eric Thomas
In memory of Bob Benner
Denise Clay
Kara Folan
Stephen & Emily White
James S. Brinkley
Buck & Jene Jones
Carol Hurt
Kevin & Shirley Folan
Dewe & Lori Martin
Tom McKinnon
Donna Powell
JoAnn MacFarlane
Jeff Carter
Gail Nichols
Ann Dickey
Matthew & Kathy Hurley
Steve & Ann Berry
In memory of Leonard & Colene Thompson
In memory of David Cobb Thompson
In memory of David & Doris Hurst
David Wronko
Ashleigh & Mark Coffey
Zach Loewen
Annette Siddmore

WAYFARER \$500

Mr & Mrs Edward L. Sleyner
Heritage Funeral Service & Crematory Inc.
Vivian & Ted Carothers
Jim & Sandy Terrell Family
Jerry Petterson
Tom Kanney & Wendy Jody
FP & Gloria Wright
Leland Rhams
Tripp Garrou
Charles, Lynn, John Robert & William
Abernathy
Tom & Sherree Troy
Wes Preenell & Wanda Bloom
American Legion Auxiliary
Pam Deloach
Martí Sundell
Robert & Susan Stevenson
Dan & Sarah Hoyle
Ewendt Family
Dr. John & Laura Lafferty
Ampero R Alfaro, CPA PA

Effie & Emanuel Jacomin
Wade & Cheryl Goossens & Family
Linda Brinkley
In honor of Joey Lindsey
In honor of Gary Delp
Emile & Phyllis Jacomin & Family
Brooks & Jennifer Heavner & Family
Amy Bennett
Marilyn Blair
Jeff & Ingrid Farmer
Burke County Board of Realtors
Junk In The Trunk Thrift Shop
Faith Kaplan
Don & Joyce Brittain
David Andersen
Rheta Mool Robinson & Ralph Duane
Robinson
Tyler & Dana Brown
Wanda Barnett
Lisa & Scott Miller
Sam & Barbara Erwin

SPECIAL THANKS: Ray, Hugh Blackwell, Kellex Seating, Brian Tate, Valdese Weavers, Ferris Insurance, Tim Johnson, Ray Burris, Our Generous Community, and Friends of the Valdese Rec (P&W) for the over 8,000 volunteer hours in fundraising, trail building, maintenance and promotion of the park since conception in 2018.

DEDICATED VOLUNTEERS: Johnny Poteat, Sam Fitzwater & Debbie Montanez, Eric, Beth & Zakk Heile, Mark Rostan, Tom Troy, Wes Preenell, Chris Blake, Jim Boucher, Sam Erwin, Marti Sundell, Laura Johnson, Debbie Shuman, Linda Betancourt, Kevin & Ginny Reacor, Carling Family

P&W BOARD MEMBERS (current and past): Beth Heile, Spence Borden, Roy Sweazy, Don Brittain, Quest Little, Yal Scott, Kevin Ferris, Gavin Smith, Roy Ahlman, Zakk Heile, Mark Rostan, Rick Pons, Elaine Applegate, Sandy Terrell, Sonni Dyer, Andy Byers



Trail Map

Greenway	2.0 mi	Easy	Flat, 10-ft wide crushed cinder, 160-ft swinging bridge
Lakeside Loop	0.6 mi	Moderate	Medium hills, 4-ft wide, smooth dirt
Meditation Pt	0.1 mi	Easy	Gentle slope, 4-ft wide, smooth dirt, overlook
Outer Loop	2.3 mi	Moderate	Some steep slope, 4-ft wide, smooth dirt or rocky tread
Rostan Creek	0.4 mi	Easy	Gentle slope, 6-ft wide, many roots on tread
Hoyle Creek	1.2 mi	Moderate	Some steep slope, narrow, roots, rocks, goes to Lovelady Rd
Shade Seeker	0.2 mi	Strenuous	Steep, 4-ft wide, uneven
Tributary	1.1 mi	Strenuous	Steep, narrow, 4-ft wide, rugged in spots
Hollipop	4.6 mi	Moderate	Mountain Bike Optimized Steep sections, hikers allowed



We couldn't have
done it without your
generous

gifts



Thank you

to all our donors
and volunteers.



friendsofthevaldeserec@gmail.com



www.friendsofthevaldeserec.org



PO Box 994, Valdese NC 28690

**Please help us to continue to beautify our parks
and add more programming by donating.**

Donate to:

\$_____ General Fund - programs, events, projects

\$_____ Specific Park - Circle:

Valdese Lakeside Park, McGalliard Falls/Fletcher, Children's Park

\$_____ Other: _____

Join/Renew:

Joining is a type of donation, too. Membership dues pay boring stuff like insurance, PO box rental and stamps. But, this is critical to help keep the organization running so we can fulfill our mission.

_____ Individual \$10

_____ Family \$25

_____ Corporate/Civic \$120

_____ Lifetime \$500

Friends of the Valdese Rec, Inc. is 501(c)(3) tax-exempt nonprofit